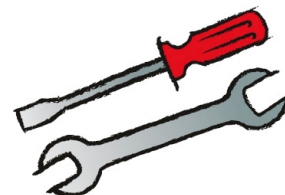




Das Original

TSI 02/09



Fitting instruction

# Land Rover

# Freelander K 1,8 engines



## 489.860

The single layer gasket must be placed above the head gasket with the black side toward the cylinder head face. See diagram. This two piece gasket replaces the previous design and is suitable for use on all Land Rover Freelander K 1,8 engines.

If plastic dowels are fitted, replace with the enclosed steel dowels. Take care not to damage the cylinder head or cylinder block faces when replacing the dowels. Clamp oil rail using head bolts and spacers (Rover 18G 1736). Ensure that bolts used are those originally fitted in that location.

*Practical tip:* when changing the cylinder head gasket assemble the oil rail LCN000140L (number only for comparison).

Please follow the installation instructions specified by the manufacturer.

Tightening instruction:

1st stage	20 Nm
2nd stage	180° rotational angle
3rd stage	180° rotational angle

